

Advices for home



There are many ways to use our home resources acting in a responsible way with the environment. Following these suggestions, you will not only save money but you will teach your children how to conserve a healthy environment. Help us create awareness, **sending this document to your e-mail contact list**. Some people may not pay attention to the message, but if some others follow the example, we will be contributing to the conservation of the planet.



Light with 75% less energy

Apart from replacing your incandescent light bulbs for fluorescent ones that use 75% less energy, always turn off the lights in your house, garage and yard. By doing this, you won't only achieve a great impact in the environment, but in your pocket. It is estimated that if only the people in the United States change one light bulb in their home the energy saved would be the equivalent to the consumption of three million homes per year and savings of \$600 million dollars a year.



Change your heater

Change your tank heater for a water circulation heater. Remember that your tank heater has its resistors working day and night, although it is not used, the heater consumes a great amount of energy. If it is not possible to replace it now, a timer will help reduce its energy consumption.

Replace your tumble dryer

Reduce the use of your washer and dryer for when you have complete loads of clothes. If it is possible, replace your tumble dryer for a drying area in your back yard with cables. Likewise, wash your clothes with cold water as detergents disinfect without using heat used for drying your clothes.



Tricks for the bathroom

A regular toilet uses about 3.5 gallons (13 liters) of water in each discharge. By changing your toilet for one that consumes 1.6 gallons or less (6.2 liters), you obtain the same results and you don't waste water. If you don't have plans for changing your toilet, you can regulate the level of the water or you can place some bottles of water filled with sand inside your tank.



Reusable shopping bags grocery

When you go shopping, take your own reusable bags (fabric or plastic). It is estimated that in the United States the number of plastic bags used is 30 thousand million and 10 thousand million paper bags per year in the supermarkets. Although they are made of recyclable materials, their production generates a powerful negative impact the environment.



Save and live fresher

Decreases up to 40% using ceiling fans the consumption of energy of your air conditioner. Don't forget to adjust the degrees of the air conditioning unit before leaving the house and change the filters according to the manufacturer instructions.



The first step to recycle

Separate your garbage by recyclable materials like plastic, paper and glass. The impact of garbage on the environment is catastrophic. Just to have an idea of how important recycling can be, think that the United States currently produces more than 222 million tons of garbage in one year.

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